



## Procedures

### ✓ Eligibility Criteria

To qualify for stem cell therapy, individuals must:

- Be free from cancer and avoid chemo/radiotherapy for at least 2 weeks prior
- Have no active infectious diseases
- Not be taking antibiotics during the therapy period
- Refrain from narcotics (heroin, cocaine, alcohol, etc.)
- Not be pregnant or breastfeeding

### 🕒 PRE

- Avoid strenuous activity; get sufficient rest
- Refrain from alcohol and smoking for at least 3 days prior
- Do not take strong immune suppressants for 3 days before cell administration

### 🌿 POST

- Expect mild drowsiness or fatigue as stem cells consume energy
- Take supplements or vitamins to support cell function
- Avoid heavy physical activity for 3 days post-therapy
- Rest well; continue avoiding alcohol and smoking

## OUR STEM CELL SOURCE

We use Umbilical Cord-Derived MSCs, chosen for:

- High regeneration power
- Anti-inflammatory properties
- Fast self-renewal
- Safe, painless collection

